



# CAHPERD IN TOUCH Online



The Online Newsletter of the Canadian Association for Health, Physical Education, Recreation and Dance

## CAHPERD NEWS

### CONTENTS

February 2007

#### CAHPERD NEWS

Programs

#### CAHPERD EVENTS

EXCELWAY.CA RESOURCE OF THE MONTH

#### AWARDS

Community Update

#### IN TOUCH ARCHIVES

HOME

#### Call for CAHPERD Project Manager

CAHPERD is seeking a Projects Manager who will be responsible for leading various initiatives within the Program Unit. The candidate will be a dynamic, task-oriented individual with strong coordination and interpersonal skills, and the ability to multi-task. To view the job description, click here.

<http://www.cahperd.ca/eng/careers/documents/ProjectsManagerpostingFeb07.pdf>

#### Call for Program Advisory Committee Member

CAHPERD is looking for a new member for its **Quality School Health Program Advisory Committee (PAC)** and its **Quality School Intramural Recreation Program Advisory Committee (PAC)**. The committee is seeking a motivated and enthusiastic person to fill the position as Member-at-Large on each committee. This individual would serve an initial term of two years.

CAHPERD's PACs are comprised of volunteer experts who provide advice, guidance, and recommendations to the CAHPERD Board of Directors on relevant issues related to each specialty area, and assist in the development of various programs and initiatives. Each Committee meets in person (one to two times per year), as well as via conference call two to four times per year (subject to funding).

The Quality School Health (QSH) PAC is responsible for matters related to comprehensive school health/healthy promoting schools. To view the terms of reference for this committee, visit <http://www.cahperd.ca/membersonly/e/intouch/documents/QSHPACtermsSep2006.pdf>

The Quality School Intramural Recreation (QSIR) PAC is responsible for intramural and school recreation issues, programs, resources and initiatives. To view the terms of reference for this committee, visit: <http://www.cahperd.ca/documents/QSIR-PACTermsMay2006.pdf>

If you are interested in one of these dynamic volunteer opportunities, please submit your bio and/or C.V. to [programs@cahperd.ca](mailto:programs@cahperd.ca) on or before March 7, 2007.

#### ADVOCACY ACTION CENTRE

##### Parliament's Standing Committee on Health Seeks CAHPERD's Expertise

CAHPERD's Executive Director, Andrea Grantham, recently testified before the House of Commons' Standing Committee on Health to address childhood obesity. The meeting was held on February 14, 2007 in Ottawa, Ontario.

CAHPERD stressed the important role that Physical and Health Education plays in ensuring the healthy development of Canadian children, and requested federal leadership to endorse the importance of all children receiving quality physical and health education programs, and to go a step further by taking a leadership role in ensuring that all schools in Canada are able to meet or exceed provincial/territorial recommendations.

The Standing Committee on Health is currently studying childhood obesity to identify: current obesity trends in Canada, including levels of physical activity and eating habits; potential obesity-inducing factors, including culture, geographic, environmental and socio-economic factors; and, potential actions that the federal government could take to address the issue.

For additional information, visit the links below.

To view a copy of CAHPERD's speaking notes [click here](#).

To view a copy of the minutes from the Committee [click here](#).

To obtain further information on the Standing Committee on Health's study into childhood obesity and other initiatives [click here](#).

### **Globe and Mail feature on Health and Physical Education in Canadian Schools**

In late January, the Globe and Mail published a series of articles (January 20 – January 23, 2007) on health hazards in Canadian schools. It examined how Canadian schools are failing in areas of physical education, exercise, nutrition, health, and air quality.

The Globe and Mail's in-dept investigation into the overall health of Canadian students exposed what schools are/are not doing to influence healthy development. A primary outcome was the message around the critical need for schools to focus on the educational development (learning) of all children, as well as on the development of healthy, active lifestyles. This is best done through the provision of quality physical education, health education, healthy eating/nutrition programs, and by ensuring a healthy and safe environment for all children. While schools are not the only institution responsible for teaching about healthy practices and lifestyles, they play an important role since they reach virtually every child in Canada.

As stated by CAHPERD President, Grant McManes in the January 22, 2007 Globe and Mail article: Is it time for examinations in physical fitness?: ***"Literacy and numeracy will always be the focus of schools – and they should be. But I want kids to be musically and physically literate too. Education is about educating the whole child. Right now, we're not doing that in many schools."***

For more information or to access links to the articles, visit our Advocacy Action Centre at <http://www.cahperd.ca/eng/advocacy/>

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